# Parc Sanitari 😺 Sant Joan de Déu



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## EU-Project FACT FOR MINORS Fostering Alternative Care for Troubled Minors

Co-financed by the European Commission – Directorate General Justice and Consumers

Project partners:

CNCA, National confederation of socio-educational communities, Italy (APPLICANT);. Psychoanalytic Institute for Social Research (IPRS), Italy; Istituto Don Calabria, Italy; Juvenile Justice Ministry, Dept of Community studies, Italy; Christliches Jugenddorf Deutschland (CJD), Germany; Catholic University of Porto, Portugal; Finnish Youth Research Network, Finland; Parc Sanitari Sant Joan de Deu, Spain; International Juvenile Justice Observatory, Belgium

## TRANSNATIONAL WEBINAR EVENT N. 2 Date: 2017 September 27th From 2 p.m. to 4 p.m.

## On CSVnet | Associazione dei Centri di Servizio per il Volontariato Platform

#### **Please register at:**

## https://goo.gl/forms/BMw5QvvKUf1U1Z9m1

## to receive the link to the webinar platform.

#### Title: Multi and Interdisciplinary approach on a case management basis.

**By Jorge Tió** (Support Programme in Mental Health for Young Offenders – Equip d'Atenció al Menor, EAM. Sant Pere Claver, Fundació Sanitària-Cat Salut Generalitat de Catalunya) <u>http://www.spcsalut.org/sm-menor.php</u>

Brief description on the topic:

The EAM began its work in October 1993, within the framework of a partnership between the Departments of Health and Justice of the Government of Catalonia. Its main objectives are:

- Provide diagnostic orientation and mental health assistance to young offenders in the care of the General Department of Criminal Enforcement in the Community and Juvenile Justice.





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Provide guidance and support to young offenders' families and educational environments in the metropolitan area of Barcelona.

- Provide advice on any issue related to mental health to the Juvenile Justice's professionals and technical teams, and cooperate in implementing an interdisciplinary based strategy on a case by case basis.
- We have recently begun to develop a Prevention Programme for adolescents aged under 14, who have been reported to the police but who are under the age of criminal responsibility. In this case we have a partnership with the General Management of Infant and Adolescent Care that serves children and adolescents at risk.

In this Webinar we will present one of the cornerstones of our Model which is the **multi and Interdisciplinary approach** and its main characteristics. Therefore our intervention aims to optimize multi and interdisciplinary intervention that is allowed by the introduction of legal measures. So that different interventions are complementary and mutually reinforcing.

Clear and separate functions of the different interventions, Coordination in a case by case basis, Coherence and Continuity of Care, have turned to be fundamental. A suitable deployment of these features increases the capacity of the professionals to manage with risk situations and Mental Health professionals can focus on mental and emotional issues because they know someone is in charge of risk situations and basic needs (housing, education, family issues). On the other hand the involvement of more than only one professional working together in a cooperative way offers a model of identification to the adolescents, modulates frustration and anxiety triggered by close professional relationships, and strengthens reflective capacity in thinking.

#### Speaker:

#### Jorge Tió Rodríguez

Degree in Clinical Psychology from the University of Barcelona.

Psychoanalyst, member of the Spanish Society of Psychoanalysis-International Psychoanalytic Association (SEP-IPA).

He has been Team Leader from 2005 to 2015 and psychotherapist since its inception, of the Support Program for Adolescent Mental Health in Sant Pere Claver Foundation (EAM), led by the Departments of Health and Juvenile Justice of the Government (Generalitat) of Catalonia.

He is supervisor of different social care and mental health teams of the Public network in Catalonia. Professor of Master's degree in "Psychotherapy in the Public Network" in Barcelona University (UB), and other post-graduate courses in psychoanalytic psychotherapy, interdisciplinary approach, counselling and interventions with adolescents, in educational, social and health fields.

He has written several articles about psychoanalytic psychotherapy and adolescence in compilations and different journals and is co-author of the book *Adolescencia y Transgressión* ("Adolescence and Transgression") published by Octaedro, Barcelona in 2014.

